



Early Years Curriculum Newsletter



Spring Term January 2026



Dear parents,

Welcome back to school; we hope you have had a lovely break! It will be a fun term and the children love that we have already seen some snow! Remember we go outside every day in all weathers so please do bring in named gloves and hats.

Curriculum Overview

Our first topic is **Superheroes**. We will be learning about people who help us like the police, doctors, dentists and teachers! We will also think about what makes us super - and feel good about it 😊 Our first book is "Supertato" which we will use for healthy eating discussions as well as superheroes.



Library

We visit the library on **Wednesdays**. Please return your book each Tuesday, ready to choose a new one. Please check in your child's reading record for notes on what RWI group your child is in and how to support them with reading at home. Please write in their yellow reading record when you read with them; we love to hear about your reading at home!



This term, our Superhero themed **Stay and Play** is on **Thursday 12th February**. Please do join us in school for some exciting activities together. We happily welcome younger siblings. This will be an amazing opportunity for your child to come to school dressed up as a Hero! You could be a Super Hero or a personal hero - a nurse, a soldier or your own mum!



PE

The PE kit is a plain white round necked T-Shirt, black jogging bottoms, trainers and the school jumper/cardigan. This term the children will be doing **dance** in the dance studio. For health and safety purposes, please make sure children do not wear jewellery to school on these days and have long hair tied back. Please come to school in your P.E kit every **Friday**.



Ways to help at home

Do help your child to write their name correctly - and with a capital letter **only for the first letter**. Every child should have a name card at home, please do ask the class teacher for a new copy if you have lost it.

With maths, we are working on numbers up to 10 now. You can ask your child to count up and back down again (go as high with counting as feels right for your

child). We do all our maths practically first then we draw pictures to show our understanding before we move on to formal methods. Can they tell you what is one more or less than any number to 10? Do they know how many more they need to make 5 if you already have 3? If they have 7 chips on their plate and they eat 2 can they say how many will be left? Are there enough sweets to share with their sibling? Show us what they can do on Tapestry - and keep it relevant and fun (they will be doing all the formal recording from Year 1 and up!).



Please use Tapestry actively to record your proud moments, achievements and special occasions. This helps build up a picture of the whole child and when we send them home at the end of the year it will make the record of the year so much more personal and special for you. It also allows us to learn more about the children's interests that we then incorporate into our provision.



Online Safety: Making Good Choices Online

As children increasingly use tablets, televisions and games at home, it's important to help them develop healthy screen habits. Through our computing curriculum, we focus is on **age-appropriate content and balance**.

At home, you can support this by:

- Checking age ratings for games, apps and TV programmes before your child accesses them.
- Using parental controls and child-friendly platforms wherever possible.
- Talking to your child about what they watch or play and encouraging them to tell an adult if something makes them feel unsure or uncomfortable.
- Keeping screen time balanced with reading, play and family time.

For further guidance, the BBC Own It website offers excellent, child-friendly advice:

🔗 [BBC Own It - Understanding Age Ratings](#)

Yours faithfully,
Mrs L Carter and Mr D Hastings

Spring Term Diary Dates

Break the rules day - Friday 16th January

Super Hero dress up Day and stay and play - Thursday 12th February
1.45-3.00pm (Parents invited)

Spring half term break - Monday 16th - Friday 20th February 2026

World Book Day - Thursday 5th March 2026

Class photos - Tuesday 10th March 2026

Trip to Gordon Brown Centre - Tuesday 17th March

Spring craft stay and play - Thursday 19th March 1.45-3.00pm (Parents invited)

